

Essence: Sweet children, to follow shrimat constantly is the most elevated effort you can make. When you souls follow shrimat, your light is ignited.

Question: Who can make full effort? What is the most elevated effort?

Answer: Only those who pay full *attention* to One and keep their intellect in yoga with One can make full effort. To make elevated effort means to surrender yourself fully to the Father. The children who surrender to the Father fully are much loved by the Father.

Question: What advice does the unlimited Father give you in order to celebrate the true Deepawali?

Answer: Children, imbibe unlimited purity. When you become pure in an unlimited way here, and make elevated effort, you will be able to go into the kingdom of Lakshmi and Narayan, that is, you will be able to celebrate the true Deepawali, the *coronation day*.

Om shanti. Children, what are you doing whilst you are sitting here? By remaining on the pilgrimage of remembrance, whilst walking, moving and sitting here, you are destroying the burden of sins of many births that are on your head. You souls know that the more you remember the Father, the more your sins will be cut away. Baba has explained very well that although you may be sitting here, it is definitely those who follow shrimat who will find the advice given by the Father to be good. The unlimited Father advises you to become pure in an unlimited way. You have come here to become pure in an unlimited way and it is only by staying on the pilgrimage of remembrance that you can become that. Some of you are not able to remember Baba at all, whereas others realise that by staying on the pilgrimage of remembrance they are cutting away their sins, that is, they are fully benefiting themselves. People outside do not know of these things at all. You have found the Father and you live with the Father. You know that you have now become God's children. Previously, you were the devil's children. Children, you are now in the company of God's children. It is sung that good company takes you across whereas bad company makes your boat sink. Children, you repeatedly forget that you are God's children, and that you should only follow God's directions, and not the dictates of your own mind. It is the dictates of human beings that are said to be the dictates of the mind. The dictates of human beings can only be devilish. The children who want to benefit themselves will remember the Father very well and become satopradhan. Only those who become satopradhan are praised. You know that you are truly becoming the masters of the land of happiness, numberwise. The more you follow shrimat, the higher the status you claim, whereas the more you follow your own dictates, the more you destroy your status. In order to benefit yourself, you must continue to practise the *directions* you are given by the Father. Baba has explained that this too is effort. Your sins are destroyed according to how much you remember Me. You cannot become pure unless you stay on the pilgrimage of remembrance. Whilst walking and moving around, you should just have this one concern. Children, you have been receiving these teachings for so many years. However, you still think that you are very far away, that you are not able to remember the Father that much, that it is going to take a long *time* to become satopradhan. If you were to leave your body whilst becoming satopradhan, your status would be reduced for cycle after cycle. Once you belong to God, you must make effort to claim your full inheritance from Him. Your intellect should only be focused in one direction. You now receive shrimat from the One God, the Highest-on-High. If you do not follow His directions, you deceive yourselves a great deal. Only you and Shiv Baba are able to know whether you are following His directions or not. It is Shiv Baba who inspires you to make effort. All bodily beings have to make effort. This one too is a bodily being. Shiv Baba is also inspiring him to make effort. Children, you have to make effort. The main thing you have to do is to make the impure ones pure. In the world, there are many pure ones. Although the sannyasis remain pure, they only remain pure for one birth. There are many who are celibate from birth in this birth. However, they are unable to help the world with their purity. Only when they become pure on the basis of shrimat can they help to make the world pure. You are now receiving shrimat. You have been following devilish dictates for many births. You know that the land of happiness is now being established. The more effort you make by following shrimat, the higher the status you will claim. These are not Brahma's directions. He too is an effort-maker. His efforts are definitely elevated and this is why He becomes Narayan. So, children, you should *follow* him. You have to follow shrimat, not the dictates of your own

mind. You souls have to ignite your light. Deepawali is now coming. There is no Deepawali in the golden age. The souls have become satopradhan and simply have the coronation. The Deepawali celebrated here is false. The lights they ignite here are external. There, the light is already ignited in every home, that is, every soul there is satopradhan. The oil of knowledge that is poured into you lamps lasts you for twenty-one births. Then the light gradually decreases until this time when the light of the whole world population is extinguished. This too refers to the people of Bharat in particular and the world in general. All are sinful souls. It is now the time of settlement for everyone. All souls will now have to settle their karmic accounts. Children, you now have to make effort to claim the highest status. It is only by following shrimat that you can claim this. You have been disobeying Shiv Baba a great deal in Ravan's kingdom. If, even now, you do not follow His directions, you are deceiving yourself a great deal. You have been calling out to Him: Come and purify us. Therefore now benefit yourself by following Shiv Baba's shrimat. Otherwise you will lose a great deal. Sweetest children, you also know that without having remembrance of Shiv Baba you cannot become completely pure. You have been coming here for so many years so why are you not able to imbibe knowledge? It is only when your vessel is golden that you can imbibe this knowledge. New children are becoming very *serviceable*. There is so much difference! The older children do not stay on the pilgrimage of remembrance as much as the new ones do. So many good and much loved children of Shiv Baba come here and do so much *service*. It is as though those souls have completely surrendered themselves to Shiv Baba. After surrendering themselves they go and do so much *service*! They are endearing and very sweet. They help the Father by staying on the pilgrimage of remembrance. Baba says: You were calling out to Me to come and purify you. Therefore, remember Me and you will become pure. Baba says: Continue to remember Me. Renounce all bodily relationships. You should not even remember your friends or relatives. You should only remember the one Father; only then can you claim a high status. If you are unable to remember Me, you cannot claim a high status. Bap and Dada and you children too can understand this. New ones come and they see that they are being reformed day by day. Only when they follow shrimat can they be reformed. When you make full effort to conquer anger, you will attain victory over it. Therefore, Baba says: Continue to remove the defects within you. Anger is very bad. It not only burns you inside but it also makes others burn. This vice has to be removed. Do not think that you are only getting angry with this Dada. No; when a soul shows his anger to Shiv Baba, he receives a hundred-fold punishment. When a soul receives a hundredfold punishment, what would be the consequence of that? There wouldn't be salvation! You would lose a great deal and only receive a low status. By not following shrimat, you would lose out for birth after birth and cycle after cycle. It is remembered that anyone who defames the Satguru cannot claim a high status. You are the Brahma Kumars and Kumaris. Only Brahmins can stay here and at the *centres*. This is a regulation and you do have to follow the regulations. This is an ashram, after all! No impure person can stay in an ashram. It is also a regulation that if you have an illness you must take your medicine and look after yourself. It should not be that you can invite your friends and relatives to come here and look after you. Even if your friends or relatives do come, they would have to find accommodation outside. It isn't that they can stay here with you children. There are many regulations in a *hostel*. Other kinds of education are physical whereas this education is spiritual. The spiritual Father is teaching you. You are looked after in every way. No vicious person is allowed to enter here. Even if you are ill, it is not good for your friends or relatives to come. You should not even like that. Otherwise, you will remember those friends and relatives in your final moments and you won't be able to claim a high status. Baba inspires you to make effort not to remember anyone. It shouldn't be that if you are ill you expect your friends and relatives to come and visit you. No, it is against the regulations for you to invite them. If you swans invite storks here it can be understood that you like the company of storks. What would they come and do here? It is only by following all the regulations that you become able to bring salvation to yourself. Otherwise you lose everything unnecessarily. By staying with storks, you will become degraded yourself and will not be able to claim a high status. However, those with a tamopradhan intellect are unable to understand any of this. Even though God gives them advice, they still do not improve! You have to be very cautious as you move along. This is the *holiest of holy* lands. Impure people are not allowed to stay

re. It is *wrong* to love those who do not become Shiv Baba's children. If you remember your friends and relatives all the time now, then at your time of dying you would definitely remember them. By becoming body conscious, you put yourself in debit and you are asking to be punished. By not following shrimat, you make yourself degraded and can therefore not be worthy of doing *service*. If you are disobedient, then no matter how much you beat your head, you cannot become worthy of doing *service*. Once you disobey Baba, your intellect turns to stone and then, instead of climbing up, you climb down. Children, Baba says that you must be obedient. Otherwise, your status will be destroyed. A physical father with four or five children only loves his obedient ones. A father would say of one who is disobedient: "It would be better if this one were dead". Such children only cause sorrow. This is the unlimited Father. If you become upset with the unlimited Father, you destroy your status. Both the fathers that you have found are very great. Therefore, by disobeying them, you destroy your status and incur a loss. Then, for birth after birth and cycle after cycle, you will claim a very low status. You have to make such effort that, at the end, you only remember Shiv Baba. Baba says: I am able to know what effort each of you is making. Some of you only remember Me for a very short time and for the rest of the day they only remember their friends and relatives. They will not attain much happiness. They will not claim a high status. Every day of yours is the day of the Satguru. Children are usually admitted into a school on a Thursday. That education is physical whereas this education is spiritual. You know that Shiv Baba is your Father, *Teacher* and Satguru. Therefore you should follow His *directions*, for only then can you claim a high status. Those who do make this effort have so much happiness inside them, don't even ask! Because they have this happiness, they make effort to enable others to become happy too. Look how much effort such children make day and night! This knowledge is such *wonderful* knowledge! If you upset BapDada, the whole of your income is destroyed and you put yourself in debt unnecessarily. When you have body consciousness, you also incur a great loss for yourself. This is why BapDada has compassion for you. By not understanding what you should do, you lose so much! By becoming body conscious, you become angry and start to burn inside. Angry people become as red as copper. Souls burn in anger and lust makes them ugly. Souls do not burn as much out of attachment or greed. They really do burn out of anger. Many of you have this evil spirit of anger. They fight so much! By fighting, they only put themselves into debt. They disobey both the Incorporeal and the corporeal fathers. Baba considers them unworthy. If you make effort, you can claim a high status. Therefore, in order to benefit yourself, forget all your relatives. Remember no one but this one Father. Although you live at home with your family, you must only remember Shiv Baba. You are now at the confluence age. Therefore, remember your abode of silence and your new home. You are not allowed to invite a vicious or impure person to come and stay here. Those who are not BKs are not allowed to stay here. As well as your *University*, this is also your *hostel*. Only pure *students* can stay in this *hostel*. This study is unlimited and it is Baba who teaches you. Children, you should only experience benefit through this. Otherwise, you have to experience a great loss. Some of you have had a vision of that punishment. Some of you will have to experience a lot of punishment at the end. Those who had such visions are no longer here. Because they disobeyed shrimat, their intellect was locked in such a way that they ran away. They are now unable to claim any status at all. Children, this is why you must remain very cautious. If your behaviour and manners are bad you uselessly cause yourself a loss. You try to make effort to claim the kingdom of the world but Maya, the cat, bites you. You have taken birth and come here. You have said that you will claim this status. However, Maya, the cat, stops you from claiming it. Therefore your status is destroyed. Maya attacks you with great force. You come here to claim your kingdom but Maya harasses you. Baba feels compassion for such children. Children, He thinks it would be good if you were to claim a high status. You should not become those who defame Me. Those who defame the Satguru cannot reach their destination, cannot claim a high status. Whose defamation? The defamation of Shiv Baba. You must not behave in such a way that the Father would be defamed. There is no question of arrogance in this. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

1. In order to benefit yourself, forget all your bodily relatives. Your love must not be for them. Follow the directions of God, not your own dictates. By remaining in God's company you will save yourself from keeping bad company.
2. Anger is very bad; it burns you inside. Do not disobey Baba by being influenced by anger. Always remain happy and make effort to enable others to become happy.

Blessing: May you be a great soul who inspires others to surrender on the basis of your love and the *authority* of newness.

Bring into relationship with you all those who come into contact with you in such a way that as they come closer, their intellect is surrendered and they accept whatever the Father says to be the truth. This is known as a surrendered intellect. Then their questions will finish. They shouldn't just say that your knowledge is very good. Only when they spread the sound that this is new knowledge which will bring about the new world will the Kumbhakarna awaken. So, with the greatness of newness and with the *balance* of love and *authority*, make them surrender; only then can you say that the *mikes* are now ready.

Slogan: Be loved by one God alone and you will be loved by everyone in the world.

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